

AG COUNSELING LLC

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(561) 252-7261

agcounselinghelps@gmail.com

agcounselinghelpsgov.com

UEI: C9GFUAK96VE4

Cage: 9QVL1

Set-asides:

Primary NAICS: 621330 - Offices Of
Mental Health Practitioners (Except
Physicians)

Secondary: 624190



Differentiators

Experience with Diverse Populations: Demonstrating experience and cultural competence in working with diverse populations, including different ethnic or religious groups, or individuals with specific needs, such as veterans or survivors of domestic violence. **Community Involvement:** Engaging in community outreach, advocacy work, or partnerships with local organizations to raise awareness about mental health, reduce stigma, and provide support to underserved populations.

Capabilities Statement

AG Counseling, LLC provides clinically experienced clinicians who have worked with people from many backgrounds, including the military. I seek to provide customers with tailored evaluations and improved treatment that may be readily integrated into their daily routines. This organization has worked with teenagers, adults, and the elderly, addressing various issues. This organization takes great pleasure in aiding my clients in their quest for increased self-acceptance and knowledge.

I believe in creating a safe and non-judgmental space where clients can explore their thoughts, feelings, and experiences. My therapeutic approach is client-centered, collaborative, and strength-based. I integrate various evidence-based modalities to tailor treatment to meet the unique needs and goals of each individual, couple, or family.

Specializations:

- Anxiety
- Depression
- Relationship issues
- Trauma and PTSD
- Grief and loss
- Stress management Self-esteem and confidence

Core Competencies

- Empathy and Compassion
- Active Listening
- Therapeutic Alliance
- Assessment and Diagnosis
- Evidence-Based Practice
- Cultural Competence
- Communication Skills
- Problem-Solving and Critical Thinking